

Fresh, Healthy, Good Food
Every Day!



this institution is an equal opportunity provider

March 2018 PSA 9-12th Lunch Menu

Week 4	Monday, February 26, 2018	Tuesday, February 27, 2018	Wednesday, February 28, 2018	Thursday, March 1, 2018	Friday, March 2, 2018
Hot Lunch				Hmong Sausage w/Pepper Sauce Seasoned Rice Salad Bar Banana, Juice	Fresh Hot Delivered Pizza Hut Garden Salsa Sun Chips Salad Bar Fresh Seasonal Apple, Juice
Vegetarian Sandwich Deli Salad				Black Bean Veggie Burger Sandwich Grilled Herb Chicken Bun or Cheese Bun Grilled Bistro Chicken Salad	Pizza Hut Cheese Pizza Turkey Cheese Bun or Cheese Bun Grilled Chicken Power Salad
Week 5	Monday, March 5, 2018	Tuesday, March 6, 2018	Wednesday, March 7, 2018	Thursday, March 8, 2018	Friday, March 9, 2018
Hot Lunch	Golden Chicken Patty Sandwich Pickles & Mayo Funyuns Salad Bar Chilled Pears, 100% Real Fruit Juice	Beef Pad Thai Dinner Roll Salad Bar Banana, 100% Real Fruit Juice WG Chocolate Chip Gripz	All Beef Hot Dog w/Cheese Bun, Cheddar Cheese, Ketchup & Mustard Atomic Cheez-Its Salad Bar Fresh Seasonal Apple, 100% Real Fruit Juice	Curry Chicken Steamed Rice Salad Bar Chilled Pineapple, 100% Real Fruit Juice	Beef Pho Dinner Roll Salad Bar Fresh Seasonal Apple, 100% Real Fruit Juice ABC Crackers
Vegetarian Sandwich Deli Salad	Egg & Cheese Muffin Sandwich Turkey Bun or Cheese Bun Grilled Chicken Caesar	WG Mozzarella Twist Breadstick & Marinara Chicken Craisin Wrap or Cheese Bun Grilled Asian Chicken Salad	Cheese Enchilada w/Cheese Grilled Sesame Chicken Bun or Cheese Bun Grilled Chicken Southwest Taco	Grilled Cheese Sandwich Grilled Southwest Chicken Bun or Cheese Bun Grilled Bistro Chicken Salad	Hot Stuffed Cheese Pizza Croissant Grilled Chicken Caesar Wrap or Cheese Bun Grilled Chicken Power Salad
Week 6	Monday, March 12, 2018	Tuesday, March 13, 2018	Wednesday, March 14, 2018	Thursday, March 15, 2018	Friday, March 16, 2018
Hot Lunch	Asian Chicken Drummy Seasoned Rice Salad Bar Chilled Pears, Juice Vanilla Wafer	Hmong Curry Noodles Pepper Sauce Dinner Roll Salad Bar Banana, Juice	Hmong Sausage Seasoned Rice Salad Bar Fresh Seasonal Apple, Juice	Fajita Chicken Wrap & Boomsauce Atomic Cheez-Its Salad Bar Chilled Pineapple, 100% Real Fruit Juice	Fresh Hot Delivered Pizza Hut Salad Bar Fresh Seasonal Apple, 100% Real Fruit Juice
Vegetarian Sandwich Deli Salad	Bean & Cheese Burrito Turkey or Cheese Bun Grilled Chicken Caesar	Veggie Sausage Patties Grilled Citrus Chicken Bun or Cheese Bun Grilled Asian Chicken Salad	Grilled Cheese Sandwich Honey Mustard Chicken Wrap or Cheese Bun Grilled Chicken Southwest Taco	Veggie Cheeseburger Grilled Mild Buffalo Chicken Bun or Cheese Bun Grilled Bistro Chicken Salad	Pizza Hut Cheese Pizza Turkey Cheese Bun or Cheese Bun Grilled Chicken Power Salad
Week 1	Monday, March 19, 2018	Tuesday, March 20, 2018	Wednesday, March 21, 2018	Thursday, March 22, 2018	Friday, March 23, 2018
Hot Lunch	Premium Chicken Tender Wrap WG Tortilla, Cheese & Yowza Sauce Salad Bar Funyuns Chilled Pears, 100% Real Fruit Juice	General Tso's Seasoned Rice Salad Bar Banana, 100% Real Fruit Juice	BBQ Chicken Drummy Steamed Rice Salad Bar Fresh Seasonal Apple, 100% Real Fruit Juice ABC Cookies	Walking Taco Nacho Cheese Chips, Seasoned Taco Beef & Cheese Salad Bar Chilled Pineapple, 100% Real Fruit Juice Chocolate Gripz	Beef Pho Dinner Roll Salad Bar Fresh Seasonal Apple, 100% Real Fruit Juice Scooby Doo Graham
Vegetarian Sandwich Deli Salad	Cheese Quesadilla Turkey or Cheese Bun Grilled Chicken Caesar	Hot Stuffed Cheese Pizza Croissant Grilled Fiesta Chicken Bun or Cheese Bun Grilled Asian Chicken Salad	Mac & Cheese Santa Fe Chicken Wrap or Cheese Bun Grilled Chicken Southwest Taco	Teriyaki Grilled Veggie Patty Grilled Mediterranean Chicken Bun or Cheese Bun Grilled Bistro Chicken Salad	Bosco Stuffed Cheese Breadstick w/Marinara Asian Chicken Wrap or Cheese Bun Grilled Chicken Power Salad
Week 2	Monday, March 26, 2018	Tuesday, March 27, 2018	Wednesday, March 28, 2018	Thursday, March 29, 2018	Friday, March 30, 2018
Hot Lunch	Buffalo Chicken Nuggets Ketchup Salad Bar Atomic Cheez-its Chilled Pears, 100% Real Fruit Juice	Hmong Sausage w/Pepper Sauce Seasoned Rice Salad Bar Banana, 100% Real Fruit Juice	Spicy Meatball Sub Munchies Salad Bar Fresh Seasonal Apple, 100% Real Fruit Juice	Hmong Chicken Steamed Rice Salad Bar Chilled Pineapple, 100% Real Fruit Juice	Fresh Hot Delivered Pizza Hut Salad Bar Fresh Seasonal Apple, 100% Real Fruit Juice Scooby Doo Graham
Vegetarian Sandwich Deli Salad	Veggie Burger Turkey or Cheese Bun Grilled Chicken Caesar	Grilled Cheese Sandwich Curry Chicken Wrap or Cheese Bun Grilled Asian Chicken Salad	Bean & Cheese Burrito Grilled Latin Chicken Bun or Cheese Bun Grilled Chicken Southwest Taco	Egg & Cheese Sandwich Grilled Grecian Chicken Bun or Cheese Bun Grilled Bistro Chicken Salad	Pizza Hut Cheese Pizza Turkey Cheese Bun or Cheese Bun Grilled Chicken Power Salad

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

Skim & 1% Milk choices offered daily